



MISSION: Worthy Recovery, Inc. is a Christian ministry that offers housing and education to women suffering from criminal thinking and or substance abuse.

WRI, PO Box 116, La Porte, IN 46352
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WORTHY RECOVERY INC. PRE-INTAKE AGREEMENT



OUR BEGINNING:

Worthy Recovery Inc. (WRI) Executive Director and founder, Sonshine Troche, began facilitating the Moral Reconciliation Therapy (MRT®) Cognitive Behavioral Program in the La Porte County Jail, February 2008, and later a faith-based Character Study. She soon witnessed female inmates returning to the jail over and over again. When she asked them: "Why do you keep being rearrested?" the answer was always the same, "I have nowhere safe to go. I can't get a job. I dropped out of high school." Much local research made one thing clear, La Porte County did not have a Recovery Home.

On September 6, 2008, thirteen community members met at Bob Evans Restaurant in Michigan City, IN to discuss the beginning of the Worthy Women Recovery Home. We received permanent occupancy of the home on September 23, 2016. After 9 months, with many lessons learned, Sonshine attended four trainings including Medication Assisted Treatment Specialist, HIV/AIDS Training, Addiction Recovery Coach, Recovery Coach Ethics. We then reviewed all of our policies, created a pre-intake packet, received our INARR Level 3 Certification, and with the Board of Directors' blessings, extended programming to a 12-month program. These trainings pointed to the fact that "today's drugs are destroying the brain, which needs a minimum of six – twelve months to dry out and begin to think clearly." WRI strives to empower residents to build a strong biblical and moral foundation prior to reentering back into society.

OUR PURPOSE:

We invite those female offenders who are willing to make the love of Jesus their number one priority, and to make their recovery and reentry opportunities their number two priority. Where there are priorities and structure, rules and regulations must be followed and commitments kept. If you are ready to be your best, we will show you how to discipline yourself to be the best you that you will be, in Jesus Christ.

- ✝ We are a Christ-Centered residential recovery/reentry program for former female offenders who desire the hope and forgiveness found ONLY by trusting God and Jesus Christ!
- ✝ We facilitate evidence and research based Cognitive Behavior Therapy Programs, that help change criminal thinking, increase levels of moral reasoning, and reduce recidivism rates.
- ✝ We facilitate the 12 Step Spiritual Journey Program as well as additional bible groups.
- ✝ We provide Life Skills including anger management, financial responsibility and job skills training to help reduce the chances of reoffending and reincarceration.

RULES AND GUIDELINES:

1. To abstain from all illegal and unauthorized drugs including alcohol
2. To abstain at all times from tobacco, e-cigarettes, vaping, snuff, etc.
3. To be abstinent of any personal, dating, romantic or sexual relationship unless you are in a healthy, sober marriage with a valid marriage license
4. To work full-time only after you complete Phase A-Acceptance, a minimum of 90 days
5. To use only the house phone until cell phone privileges are authorized
6. To comply with assigned groups, activities, chores, meetings, self-care, etc.
7. Resident must be dressed modestly with a bra and underwear at all times, unless covered completely while sleeping.
8. To ask for help if you are struggling with anything at all
9. To listen to Christian music only
10. To watch Christian shows, movies, and concerts only

PROHIBITED ITEMS:

1. Any tobacco products, lighters, matches, e-cigarettes, vapes, snuff, etc.
2. No nose rings or studs, eyebrow, or tongue piercings are allowed, (for health and sanitary reasons).
3. Any inappropriate or sexually explicit pictures or materials
4. Gambling paraphernalia of any kind, including poker cards, dice, lottery ticket(s), etc.
5. Weapons of any kind
6. No expensive personal items or excessive jewelry.
7. Any clothing that is too short, tight, torn, ripped, damaged, thin or revealing
8. Anything with vulgar language, tobacco insignia, drugs, secular music, the occult, racism, gambling, etc.

ADDITIONAL INFORMATION:

1. **WE DO NOT accept anyone with sexual offender convictions or violent behavior convictions.**
2. **PLEASE NOTE: We are unable to house children.**
3. We are a RECOVERY WORKS Provider.
4. Cell phones are authorized based upon compliance, two months' work history and fees paid in full.
5. Housing Fees are assessed based on your earnings. You are required to pay when you begin working.
6. You will be provided with a towel, hand towel and washcloth to use.
7. You will be provided with a clean bed and clean linen.

WRI APPROVED MEDICATION POLICY

WE ARE NOT A MEDICAL CENTER. WRI does not accept women who wish to be on suboxone or methadone. Please review this policy for approved and unapproved medications. If you are taking medication that is **NOT ALLOWED** at our home, you will need to:

1. Discontinue that medication under Doctor’s supervision, and
2. Change your medication to the green light below, under Doctor’s supervision.
3. Turn in all medication including over the counter medication to staff to lock in the main office.
4. Obtain approval from the Executive Director prior to speaking with a medical Doctor, to increase a prescribed medication dosage.

“GREEN LIGHT”	“YELLOW LIGHT”	“RED LIGHT”
These medications <u>ARE ALLOWED</u> at the Worthy Women Recovery Home:	These medications <u>REQUIRE A WRITTEN LETTER OF EXPLANATION FROM YOUR DOCTOR</u> to use at the Worthy Women Recovery Home:	These medications <u>ARE NOT ALLOWED</u> at the Worthy Women Recovery Home:
Antidepressants: <i>Celexa, Cymbalta, Effexor, Elavil, Lexapro, Prozac, Paxil, Remeron, Savella, Trazodone, Wellbutrin, Zoloft</i>	MOOD STABILIZERS/SEIZURE MEDICATION: The following medications are allowed <u>ONLY</u> for documented seizure disorders. <i>Tegretol, Topamax, Trileptal, Depakote, Lamictal, Gabapentin</i>	Benzodiazepines: Ativan, Klonopin, Xanax, or Valium Antipsychotics: Medications in this class include, but are not limited to: <i>Abilify, Geodon, Latuda, Mellaril, Seroquel, Clozaril, Haldol, Risperdal, Zyprexa</i> Mood stabilizers: <i>Lithium</i>
Anti-Anxiety Medications: <i>Buspar, Vistaril</i>		SLEEP AIDS: <i>Ambien, Halcion, Lunesta, Restoril, Sonata</i>
Sleep Aids: <i>Trazodone and over-the-counter sleep aids</i>	NOTE: <i>Neurontin may be taken by insulin-dependent diabetics as necessary for neuropathy.</i>	ADD/ADHD Medication: <i>Adderall, Concerta, Focalin, Provigil, Ritalin</i> or any other “controlled” medication.
Non-habit forming ADD medications such as <i>Strattera</i> and <i>Intuniv</i>		NARCOTIC & other PAIN medication: <i>Darvocet, Hydrocodone, Lortab, Lyrica, Methadone, Oxycontin, Percocet, Suboxone, Tramadol, Ultram</i>
<i>Anti-inflammatory medications such as Ibuprofen, Meloxicam, Naproxen</i>		MUSCLE RELAXANTS: <i>Flexeril, Robaxin, Soma, etc.</i>
	<i>Vivitrol must be used as prescribed and administered by a medical professional.</i>	OPIOID ANTAGONISTS: <i>Such as Naloxone</i>
“GREEN LIGHT”	“YELLOW LIGHT”	“RED LIGHT”

By my signature below, I agree that I have read and understand and will follow the terms of the WRI APPROVED MEDICATION POLICY.

Applicant Signature

Date

