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WORTHY RECOVERY INC.

PRE-INTAKE AGREEMENT for the Worthy Women Recovery Home



OUR BEGINNING:

Worthy Recovery Inc. (WR) Executive Director and founder, D. E. 'Sonshine' Troche, began facilitating the **Moral Reconciliation Therapy (MRT®) Cognitive Behavioral Program** in the La Porte County Jail, Indiana in February 2008, and then a faith-based Character Study. She witnessed female inmates back in jail over and over and over again. One day she asked them: "Why do you get rearrested?" The answer was always the same, "I have nowhere safe to go. I can't get a job. I don't have a diploma. Research made one thing clear: La Porte County did not have a Recovery Home. The MRT® evidence showed that when clients applied the steps they learned, 25-75% were not rearrested 10-20 years later. www.ccmrt.com Sonshine wanted to share God's love, to give women a chance to BE FREE.

On September 6, 2008, community members met to discuss a recovery home. After three years, they had they raised \$37,500 for a dilapidated 5080 sq. ft. building built in 1912. In 2015, six weeks before opening, they had an accidental fire, and ANOTHER year of gutting and rehabbing, to FINALLY open on September 23, 2016. Sonshine has attended many trainings through the MHAI (www.mhai.com) These trainings point to the fact that "today's drugs are destroying the brain." We are all born with a sinful nature, but we don't have to keep sinning. Sonshine had friends who showed her the love of God, who walked with her to build a strong biblical foundation. Learning to **trust God, believing in Jesus**, loving others and herself is how she became free. **And you can be free too! If you want to learn to trust God and not lean on yourself any longer, keep reading. :)**

MISSION:

Worthy Recovery, Inc. is a Christian ministry that offers housing and education to women suffering from criminal thinking and/or substance abuse. **1 Peter 1:7 CEV**

VISION/PURPOSE STATEMENT:

We love God, others, and ourselves, sharing and sustaining hope for life-long recovery. **Mark 12:30-31 NLT**

1. **We cannot accept women with convictions of any type of sexual offenses.**
2. **We do not accept women with violent criminal convictions. Some case-by-case exceptions may apply.**
3. **We are unable to house children, as we do not have the room needed.**
4. **Our HOME is 60 feet long, 30 feet wide, three levels of God's love, purple & yellow walls, oak doors and trim, fresh home-cooked food, limited sugar (a drug), Peer Staff (Former Users), a very Disciplined Program.**
5. **We have a lot of fun, stop to talk when someone is suffering, and will always go to the bible for answers.**
6. **We will only take women who commit to being single while a WWRH Resident. Only God no one else.**
7. **We are a RECOVERY WORKS Provider, and LEVEL III Indiana Affiliation of Recovery Residences-INARR.**

Please read and sign this Pre-Intake Agreement only if you can commit to the following:

1. Be honest if you were dishonest or have been dishonest. Truth is the foundation of recovery.
2. Live peaceful and respectfully in a 12-month Christ-centered in-house residential recovery program.
3. Learn a holistic approach: your physical, emotional, social, spiritual, and intellectual health.
4. Wait at least 3 months to work, to take care identification and medical/health related needs.
5. Attend required counseling sessions and/or mental health treatment services.
6. Earn your GED/TASC or High School Equivalency Diploma if you did not graduate High School.
7. Participate in the MRT® Program and related Cognitive Behavior Therapy Groups - Relapse Prevention, Family and Parenting Values, and Coping with Anger.
8. Participate in The Heart of Addiction, devotionals, and bible studies.
9. Participate in the PACE Life Skills Program.
10. Participate in online courses - Microsoft Office, D. Ramsey Foundation Finances, etc.
11. Create a recovery treatment plan to ensure long-term success.
12. Attend church together weekly and in-house and local faith-based recovery meetings.
13. Learn long-term life skills through Job Skills Training and Volunteering.
14. Become Financially Responsible with receipts and income, create a budget, save money, pay fees & debts.

BY SIGNING THIS AGREEMENT, YOU HAVE READ, UNDERSTAND AND AGREE TO:

1. Abstain from, not possess, or use any illegal or unauthorized drugs.
2. Abstain from, not possess, or use alcohol including items containing alcohol: ex. perfume, mouthwash, etc.
3. Abstain from, not possess, or use any nicotine products, e-cigarettes, vapes, lighters, matches, etc.
4. Abstain from any personal, dating, romantic and sexual relationships, even if you are legally married.
5. Use only the WR house phone until cell phone privileges are earned and authorized.
6. Respect the WR Christian atmosphere, biblical morals, and yourself.
7. Have only ear piercings for health and sanitary reasons.
8. Abstain from, not possess, or use inappropriate or sexually explicit pictures or materials.
9. Abstain from gambling and gambling paraphernalia.
10. Not possess or use weapons of any kind (Staff discretion) Lock razors in your locker, turn it in when done.
11. Dress modestly and respectfully with clothing that is not torn or revealing. (Follow the WWRH Dress Code.)

*I, (print first, middle, last name) _____
have read the Pre-Intake Agreement and agree to voluntarily commit the next 12 months of my life to
the care of the WWRH Christian-based substance abuse recovery program.*

By my signature below, I confirm that I agree to follow all applicable rules and policies of WWRH.

Applicant Signature

Applicant Birthday

Date Signed

Currently serving time for (primary charges)

County and State of Current Conviction

Address where you are Incarcerated?

DOC # or JAIL ID #

Name of Family Support (No boyfriends or spouses names)

Member Phone Number

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