



*Testimony Time... one more graduate loving Jesus*

Mail and Gifts:  
WRI – PO BOX 116  
La Porte, IN 46352

From Sonshine's Heart,

Our world is full of sin, even in the Christian world. Pastors, piano players, choirs, deacons, elders, non-profit leaders, in all people, sin abounds. Our ladies come to the home full of sin, and after a month start to recognize that addressing sin is easier than hiding it. What we do with their sin, is to show them through the bible and the cognitive (thinking programs) behavior programs we use, that their thinking can change. That Romans 12:2 is a clear picture of how God will transform us by the renewing of our mind. They learn that if they stop and ask Jesus for help right then, their thinking can focus on what the bible says about them. It doesn't surprise me when our ladies take 5-6 months just to become honest, they have had to survive through incredible difficulties. Their poor choices at times, show they are still learning new thinking behavior, and honestly, so am I. If you love seeing transformation as much as I do, go to our website @ [www.worthyrecovery.net](http://www.worthyrecovery.net) and watch the videos from our New Creation Luncheon. Make sure you have some tissues in your hand. Special Thanks to Duneland Media!!

**THANK YOU JESUS, our SECRET CUPID, and to all of you who were able to give; we raised over \$16,000 for I Love You Enough... Valentine's Day Fundraiser. Our 2022 budget is \$191,393 so you can only imagine our gratitude. Please visit our updated website. Computer Advisors is teaching Michelle how to work on our website. Thank you, Brenda and Alan Harvey, for your love and goodness to us.**

Michelle Postawa graduates our one-year program on March 15<sup>th</sup>, 2022. On March 16<sup>th</sup>, I will have the privilege of going to the court and testifying about her past year at WWRH. She will not be going to prison for 16 years. Instead, they will give her 6 years of probation. She is the first resident ever, to be completely honest with me, not lying even one time, and has never avoided looking me in the eyes as she speaks.

**Michelle's Graduation Testimony:**

"This is my last week at Worthy Women Recovery Home (WWRH) and I'm still trying to figure out where this past year has gone. However, as I am typing this, I am reflecting on everything that I have experienced and I'm proud to say that I've achieved more in this past year than in my whole adult life, 34 years to be exact!! If I sound like I'm bragging on myself, I am telling you the only reason all this has happened is because I have welcomed Jesus into my heart, and I am very proud to say that. Without Him I wouldn't be here to begin with. He is the reason I have a second chance at life, and with Him I'm happier than I have ever been!!

Because of Jesus I have a GREAT relationship with my mother. We talk every day and sometimes more than once, and I use my day passes to go see her every week. The love of Jesus has helped me to realize I don't need to use drugs, alcohol, money, or men to make me feel good. I have all I need in Jesus. If I do find myself struggling, I find the answer in the Bible.

I went to counseling weekly, something I had never done. My counselor Bethany helped me to work through my fathers' death, and the sexual trauma I went through while in the Military. At WWRH, I also completed Staying Quit-Relapse Prevention, Microsoft Office, P.A.C.E. Life Skills, and Coping with Anger, and the Moral Reconciliation Therapy MRT® Cognitive Behavior Therapy Program.

I am still attending and co-lead Heart of Addiction which includes a book, workbook, and a relapse prevention workbook. I attend Celebrate Recovery, Bible Studies, and two different Churches. With some encouragement, I applied for and am now receiving my long-overdue Veterans Administration benefits.

I've had three different jobs after my first 90 days at WWRH:

1<sup>st</sup> at Alexandria Molding, which I quit because of my carpal tunnel and unhealthy environment. My supervisor told me that she would gladly rehire me.

2<sup>nd</sup> one at People and Songs, national Christian singers/songwriters. I left on good terms, to have needed. I insisted to the Doctor that I go with-out any narcotics, and deal with the pain naturally.

3<sup>rd</sup> one, working at WWRH part-time as the Assistant House Manager since October 25<sup>th</sup>, while I was healing. This is where I wanted to work to begin with. I believe this is where God wants me to be. January 17<sup>th</sup>, I was promoted to House Manager and am the Office Assistant in training.

I have also been blessed with two stimulus checks. I bought a manual car, drove it for 3 months and then was approved for my surgery. I was unable to drive it any longer, so I paid it off, sold it and was able to pay cash for a much better car that I can drive; AND my mother is able to get in and out of with ease (she is 6 feet tall). I've paid off a total of 4 debts. I pay my bills on time, and I'm saving money.

By October 2021, I was also able to have four court cases dismissed or closed! Then I trained for and became certified as an MRT® Certified Facilitator. I am in my last training to become a Certified Addiction Peer Recovery Coach (CAPRC II). I was accepted to Ivy Tech Community College recently, where I plan to earn my Associates Degree in Business Administration and Marketing. I live in the House Manager unit at WWRH and will continue to work there while attending college. I will work my way up at WWRH, and to continue living there after I graduate.

YES, I AM PLANNING FOR MY FUTURE! I pray that the court hears and can see that I am not the same person that has been in and out jail for over 15 years, and that I am serious about my life and my future. I have learned that I am capable of doing anything that I put my mind to, as long as I put Jesus first. I am so grateful that the court granted me a furlough to Worthy Women Recovery Home. to get away from the world I knew and discover a whole new world of good. Thank you to everyone who gave me the opportunity to come to Worthy Women Recovery Home, and to everyone who has supported my hard work. I graduate on March 15, 2022, and I desire to impact many ladies at the WWRH with my story and my love for Jesus!"

Written by Michelle E. Postawa

**PLEASE PRAY for these needs:**

1. 1-2 Jesus followers gifted at digital marketing and/or fundraising, with time to give.
2. 2-3 Jesus followers who have the skills/time to be on our Board of Directors.
3. 2-3 Jesus followers who can Volunteer to teach/tutor/transport residents.

**2022 EVENTS:**

**April 9<sup>th</sup> at Casey's Lanes - 12<sup>th</sup> Bowl for Worthy Women. from 12-2:30pm. *Flyer is enclosed.***

**May 6<sup>th</sup> - Mother's Day Dinner at Portofino Grill – 6 to 8pm. Guest Speaker - Michelle Weidenbenner, 'Unhackable Moms of Addicted Loved Ones. Closing the Gap Between Havoc and Hope.'**

**May 13<sup>th</sup> Port-A-Pit Chicken at All Star Auto from 2-6pm**

**A great reason to support WORTHY RECOVERY, INC. dba WORTHY WOMEN RECOVERY HOME:**

**MISSION:** *Worthy Recovery, Inc. is a Christian ministry that offers housing and education to women suffering from criminal thinking and/or substance abuse. [www.worthyrecovery.net](http://www.worthyrecovery.net)*

**Thank you again for giving, helping, praying, and spreading our mission. Please call for a tour or questions.**

*D. E. "Sunshine" Troche*

D.E. "Sunshine" Troche, AAS, MRT® Advanced Certified, CAPRC II, CHW/CRS

Executive Director

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**Worthy Recovery Inc. (WRI) is a 501c3 Tax-deductible Not-for-Profit Charitable Organization**