



## November 2021 Newsletter

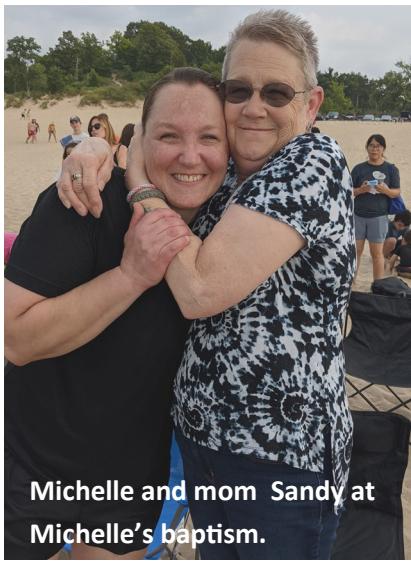
Correspondence:  
WRI - PO BOX 116  
La Porte, IN 46352

### "I can change my thoughts"...

**From Sonshine's heart,**

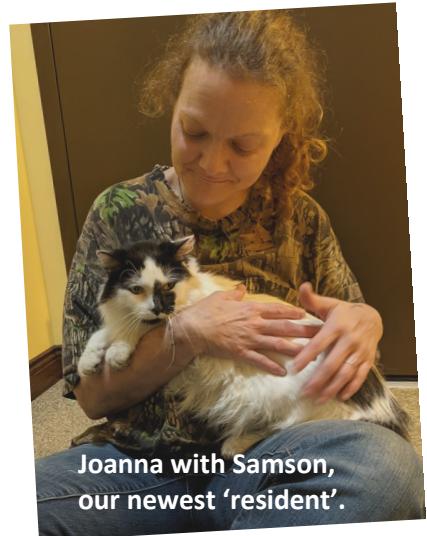
The past two years have been extremely difficult, particularly in fundraising. This is the second year that we will not have an annual dinner, nor had a bowling event or even set up at the Sunflower Fest.

The past 2 years have really brought to light what it means to 'Trust in the Lord with ALL your heart and lean not on your own understanding.' Proverbs 3:5. So, what does this really mean, 'with ALL'? I can easily trust God when all is well, when things are good, easy, normal, etc. However, these past two years, I have had to remind myself to really trust God with ALL..... Especially in the times we are in. The apostle Paul, in 1 Corinthians 2:4-5 said that he "relies only on the power of the Holy Spirit, ...so that we would only trust ....in the power of God." When I first began Worthy Women, I wanted all ladies to come to our home, regardless of their religious background. I had learned through prison/jail ministry that about 70% attended church as a youth. However, many did not understand the obedience and discipline that we teach here. Many came and broke every rule there was, some multiple times, until I would finally have to remove them or ask them to leave. The repeated sinning, the lack of support from the courts, the mercy I showed, it all wore me out. **I quit trusting with ALL.....**



Michelle and mom Sandy at Michelle's baptism.

After COVID, I knew we needed a thorough screening process for any future potential residents. Today our intake application clearly indicates that as a **potential resident, you must want to learn to know God.** This clarity just lost us \$10,000. annually. That is a lot of money. However, the power of the Holy Spirit reminds me to TRUST GOD will ALL of my heart. How can you help? Pray for our mission, and share us with ALL of your friends. AND donate if you are able to. (**We have Neighborhood Assistance Program State Tax Credits available.**) Please call me at 219-405-7006.



Joanna with Samson, our newest 'resident'.

### **Misty's Story: "I am learning how to grieve...."**

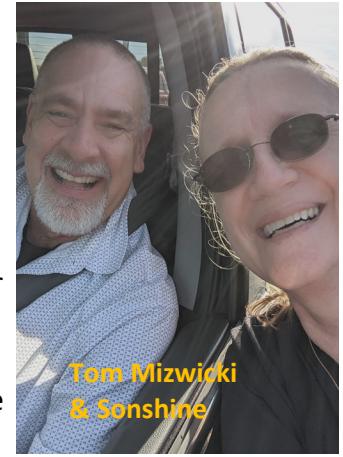
"March of 2021, my mother passed away, so I overdosed and went back to jail. I was released three weeks later and went back to jail in June of 2021. Then my son passed away. This left me really heavy with grief; my

cycle was never ending; I knew I had to surrender completely to God or I would die. I asked Jesus into my life 3 years ago but I did not obey him. I wrote Sonshine, and then interviewed with her on the phone, hoping I would be accepted into Worthy Women. The Judge saw that I had a plan and allowed me to come. That was September 16, 2021. My recovery is going well. I am grieving my mother and my sons' death. I am learning that it is okay to cry, or laugh, and just be me. I have learned here, that I don't have to believe the deceit that satan tries to put in my head; that I can change my thoughts. Early in the morning when my thoughts are negative, I recognize that I am feeling depression, so I just start praying. I also talk to my peers and have started exercising. I am learning to let go. I was baptized on Sunday, October 17, 2021, because I want God in my heart and I want to be like Jesus. I love being at Worthy Women. This is not punishment, this is a chance at a bright future for me."



Misty baptized by Pastor Joe at Liberty Bible Church.

**THANK YOU Tom and Janet Mizwicki!!** We've not had any live fundraising events since our 2019 Annual Banquet. We did hold two Port A Pit Chicken events this year. At our second one on Oct 8th, we raised \$1,500 after expenses such as printing costs, flyers posted and mailed, newsletters with info, etc. This was about \$200 more than the first event AND we had 70 chicken half's left over, which are now in our freezer, skinned and deboned. **A very special "THANK YOU!" to our longtime friends Tom and Janet, with New Age Telecom,** who bought each of their employees pit 'tators and port a pit chicken. We also want to thank EVERYONE at ALL STAR AUTO for their kindness, generosity and expertise in "how the traffic should flow". This was our first time at their location and they welcomed us like we had known them forever. We will be there again May 13 and September 30, 2022.



**A HUGE THANK YOU to the UNITY FOUNDATION** for partial funding of our non-religious programs. We are thrilled to receive \$2,150 towards our MRT® CBT Programs and the PACE Life skills classes. **The Moral Recognition Therapy — MRT® Cognitive Behavior Therapy Program statistics show that 25-75% of graduates remain free from incarceration, even after 20 years.** *Correctional Counseling, Inc. (CCI) is the sole provider of MRT-based training and materials. MRT is used as a trusted intervention in 50 states and 9 countries.* [www.ccimrt.com](http://www.ccimrt.com)

**Did you know that you can still be alive, and consider Worthy Women as part of your planned giving? WWRH is a Not-for-Profit 501c3.** Please contact your Attorney or CPA and ask what your tax-benefits can be.

## UPCOMING EVENTS:

**SAVE THE DATE: December 3, 2021**

**WORTHY WOMEN APPRECIATION LUNCHEON**

**SPONSORED by REMAX/Dennis Galloway and QUBIT NETWORKS/Ryan & Sarah Seaburg**

**Portofino's Grill from 12-2pm.** Two meats, one vegan dish and all the goodies too.

**Please call 219-405-7006 or email [info@worthyrecovery.org](mailto:info@worthyrecovery.org) to reserve your seats. Seats are \$20.** We will have a guest list at the door on the day of event. **We are very grateful for Dennis Galloway/REMAX and Ryan and Sarah Seaburg/QUBIT NETWORKS for their generous sponsorships.**

**DECEMBER 4TH, 2021 MATCHING \$10,000 GIFT—Neighborhood Assistance Program State Tax Credits**

**If we raise \$10,000 by December 4,** two very generous anonymous donors will match a combined total of \$10,000. This is an enormous blessing for Worthy Women. When you give a minimum of \$100, you receive a 50% state tax credit (\$50), if you fill out a SIMPLE form. Please email us at [info@worthyrecovery.org](mailto:info@worthyrecovery.org). **Worthy Recovery Inc. dba WWRH is a not for profit tax-deductible charitable organization.**

**2022 PORT A PIT EVENTS on May 13 and September 30 from 2-6pm at ALL STAR AUTO La Porte.**

**Please continue to pray for us, as we do TRUST GOD with ALL of our hearts and lean not on our own understanding.**

**Because of JESUS,**

*D. E. "Sonshine" Troche*

**D.E. "Sonshine" Troche, ABA, MRT® A.C., CAPRC II, CHW/CRS**

**Ex. Dir. and Founder of Worthy Recovery Inc. dba Worthy Women Recovery Home**

**OUR MISSION: Worthy Recovery, Inc. is a Christian ministry that offers housing and education to women suffering from criminal thinking and/or substance abuse. 1 Peter 1:7**